

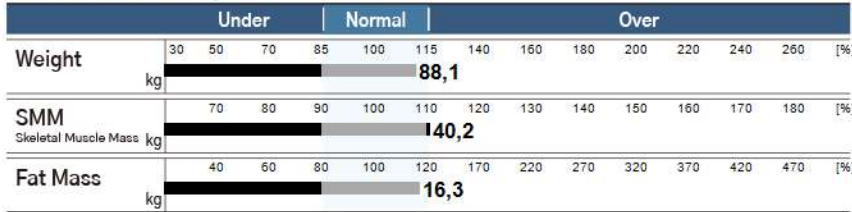
ID/Name : serwis / Serwis Vbody

Height : 189,0 cm Age : 42 years Gender : Male Test Date/Time : 03.02.2026 17:05

Body Composition Analysis

	Values	Body Water	Soft Lean Mass	Fat-free Mass	Weight
Body Water	ICW : 32,9 ECW : 19,9	52,8 (42,6 ~ 52,0)	67,1 (54,4 ~ 66,4)	71,8 (58,3 ~ 71,3)	88,1 (66,8 ~ 90,4)
Protein	14,2 (11,7 ~ 14,3)				
Minerals	4,8 (4,1 ~ 5,0)				
Body Fat	16,3 (11,0 ~ 16,6)				

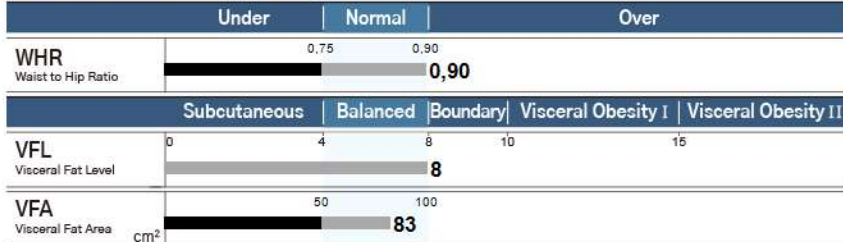
Muscle/Fat Analysis



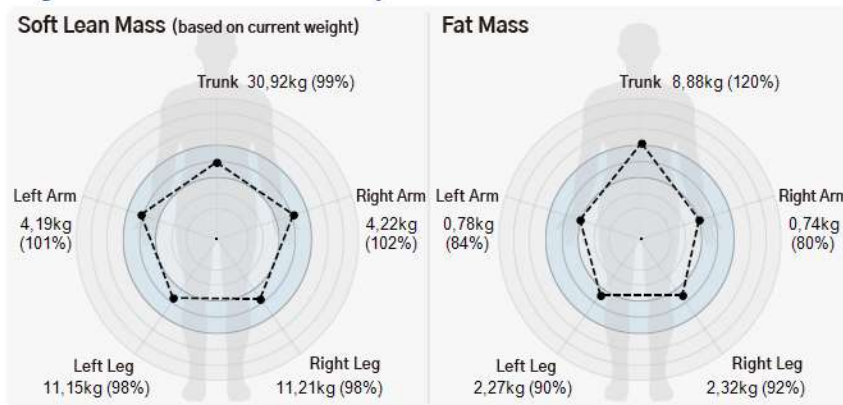
Obesity Analysis



Abdominal Obesity Analysis

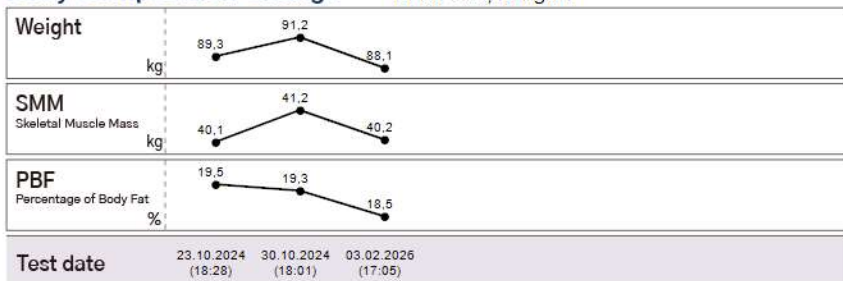


Segmental Lean and Fat Analysis



Body Composition Change

SMI : 8,61 kg/m² ASMI : 0,35 kg/BW
FFMI : 20,10 kg/m²



Comprehensive Evaluation

Body Type	Standard
Biological Age	40 years
Basal Metabolic Rate(BMR)	1920 kcal
Total Daily Energy Expenditure	2956 kcal
Body Cell Mass	47,2 (41,4 ~ 48,2) kg
Visceral Fat Mass	2,1 kg
Obesity Degree	+12,1 (-10,0 ~ +10,0) %
Abdominal Circumference	87,6 (Less than 102cm) cm
Total Score	88 Points

Body Balance Assessment

Upper Body L/R Balanced imbalanced I imbalanced II
Lower Body L/R Balanced imbalanced I imbalanced II

Control Guide

Target Weight	87,0	kg
Weight Control	-1,1	kg
Muscle Control	+0,0	kg
Fat Control	-1,1	kg
ECW ratio	0,376	(Normal)

Segmental Lean Mass (based on standard weight)

Right Arm	4,22 kg	[3,32 ~ 4,06]	/Over
Left Arm	4,19 kg	[3,32 ~ 4,06]	/Over
Trunk	30,92 kg	[24,99 ~ 30,54]	/Over
Right Leg	11,21 kg	[9,17 ~ 11,21]	/Normal
Left Leg	11,15 kg	[9,17 ~ 11,21]	/Normal

Impedance (511)

Freq	5K	50K	250K
RA.Imp.	296	257	231
LA.Imp.	300	261	234
Trunk	26	22	19
RL.Imp.	266	230	208
LL.Imp.	263	227	206

Blood Pressure Analysis

Systolic mmHg / Diastolic mmHg
Pulse bpm